



## POST-TREATMENT CARE

### PIGMENTED LESIONS

1. Care should be taken to prevent trauma to the treated area for the first 24-48 hours following treatment.
2. Ice, chilled cold packs or wet wash cloth put in freezer for 2-3 minutes may be applied post-treatment as needed for patient comfort.
3. Treated lentigines usually darken after treatment, and crusting begins to form within a few days. This crusting usually resolves in 1 to 3 weeks. It should be allowed to naturally flake off for best results.
4. If significant crusting occurs beyond the normal flaking of the treated lesions, aquaphor (Vaseline) can be applied.
5. Localized erythema may also be present and typically resolve 24 to 48 hours
6. Avoid hot tubs or spas for at least 24 to 48 hours after treatment.
7. Make-up may be applied as long as the skin is not broken.
8. If the skin is broken or a blister appears, apply Bacitracin and **contact us**. Also, for further protection, keep the affected area covered and moist with Aquaphor and avoid direct sunlight while experiencing these symptoms.
9. The recommended time interval between treatments is 3 weeks or longer, once the crusting has cleared.
10. Avoid artificial tanning, or sun exposure without sun protection of a 30 SPF following treatment.

**If you have any questions or concerns, please call our office (phone number)**